

Paediatric Exercise Rehabilitation

❖ *Fundamental Movement Skills to Specialised Prescription*

This course aims to extend participants understanding of paediatric exercise rehabilitation from childhood development to fundamental movement skills (FMS), motor proficiency and exercise prescription in clinical paediatric populations. In addition to a series of online modules, the face-to-face workshops will contain highly practical content including paediatric assessments focused on standardised movement assessments, and physiological and strength assessments for clinical and typically developing children and adolescents. The design and implementation of training programs for FMS and fitness in children and adolescents will also be highlighted providing attendees with practical strategies and tools to use in various paediatric populations.

Focusing on clinical paediatric populations there will be theoretical, practical and key considerations for an exercise physiologist or movement therapist working with children and adolescents working across a range of clinical groups. Pathologies and impairments discussed include obesity and metabolic syndrome, cancer, musculoskeletal and neurodevelopmental conditions (e.g. Autism, ADHD, DCD).

Participants will be required to demonstrate the selection of appropriate assessment techniques, interpretation of results and implementation of exercise rehabilitation program based on assessment results across a variety of cases and conditions.

Presented by the UWA Paediatric Exercise Program and Research Team:

A collaborative group of clinicians, academics and researchers with a vast range of experiences in both paediatric clinical practice and research. Additionally, the team delivers unique community based paediatric exercise programs catering for children across a range of ages and clinical presentations including neurodevelopmental conditions, physiological impairments and psychosocial conditions.

Course Schedule:

Perth

When? Monday 10th & Tuesday 11th July

Location: University of Western Australia, Crawley

Proudly hosted by;



THE UNIVERSITY OF
**WESTERN
AUSTRALIA**

Melbourne

TBC –
scheduled for early 2018

*If you would like to discuss
hosting options please contact
us: pep-sseh@uwa.edu.au*



Special Training Package Opportunity
Youth Mental Health First Aid
~ Wed 12th & Thu 13th July ~
Discounted price

For more information:
<https://mhfa.com.au/cms/youth-course-information>

Continuing Professional Development (CPD) Points:

- ESSA Accredited CPD Course - 15 points
- CPD points may be available through other registration bodies based on scope of practice. Check your registration body guidelines.

ESSA
EXERCISE & SPORTS SCIENCE AUSTRALIA

ACCREDITED
PROFESSIONAL DEVELOPMENT



REGISTRATION FORM – Once completed, please return to pep-sseh@uwa.edu.au or fax 08 6488 2196

Title: _____ First Name: _____ Surname: _____

Address: _____

City: _____ State: _____ Postcode: _____ Phone: _____

Email: _____

Any specific dietary requirements, if applicable: _____

Registration (please indicate course below):

**20% discount for current students upon
evidence of current student card**

PERTH

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Paediatric Exercise Rehabilitation (15 CPD Points ESSA)

Mon 10th – Tues 11th July 2017 (Early Bird Ends – 11th June)

EARLY BIRD = \$450 STANDARD = \$500



THE UNIVERSITY OF
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AUSTRALIA**

Accredited to deliver MHFA
Courses by MHFA Australia


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Bonus course offer ... Youth Mental Health First Aid

Wed 12th – Thurs 13th July 2017 (Early Bird – N/A)

SPECIAL PACKAGE PRICE = +\$150 (normally \$220+)

MELBOURNE

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Paediatric Exercise Rehabilitation (15 CPD Points ESSA)

Please contact us to be added to the mailing list for first release of future dates pep-sseh@uwa.edu.au

Payment can be made by credit card or a cheque/money order. All professional development must be prepaid.

TAX INVOICE ☐ Please forward me a tax invoice for payment

CHEQUE ☐ I have attached a cheque (Made payable to "The University of WA")

CREDIT CARD I authorise UWA to debit the following card for the amount of \$ _____

Please circle: VISA / MASTERCARD

Card number: _____ Expiry: ____/____ Signature: _____

Terms & Conditions:

Confirmation

You will receive a confirmation via email within 5 working days of your registration and payment being received by UWA.

Payment Policy

- All Professional Development must be fully prepaid and received by UWA prior to the event.
- Payment can be made via cheque or credit card (Visa and MasterCard only)
- To receive the earlybird rate, registration with payment must be received by UWA by the nominated date. If payment is not received by this date, your registration fee will automatically be amended to the standard rate

Substitution Policy

A minimum of 3 working days notice is required providing full details of substitute attendee. Please forward information to pep-sseh@uwa.edu.au

Cancellation Policy

If you wish to cancel any course, written notice must be provided to UWA at pep-sseh@uwa.edu.au

Cancellation fees are below (based on the day of written notification):

- 30 days prior to workshop: Full refund provided
- 29-15 days prior to workshop: 25% of your registration or \$50 whichever is greater
- 14-0 days prior to workshop: 100% of registration

Registration Numbers

All of UWA's professional developments have a strict maximum number. Once this number is reached, no further registrations will be accepted. A waitlist will be offered if this occurs.

If insufficient registrations are reached UWA reserve the right to cancel any course and 100% of your registration will be returned. UWA take no responsibility for any additional costs incurred by the delegate.